

# WESTON PARKS & RECREATION



# 2020 SUMMER OFFERINGS



Registration link: [register.westonct.gov](https://register.westonct.gov)

Monday June, 8th. 12:01 A.M.

**Registration: Monday 6/8 - ONLINE ONLY- Payments online via credit card only**

**Small In-Person Programs**

| June 29th- July 24th             |                             | In Person Summer Programs     |                              |
|----------------------------------|-----------------------------|-------------------------------|------------------------------|
| MONDAY                           | TUESDAY                     | WEDNESDAY                     | THURSDAY                     |
| 9:30-10:30 <u>Family Yoga</u>    | 9-11 A.M. FISHING           | 9- 10:30 A.M. Bike Safety     | 9-11 A.M. FISHING            |
| Jarvis Yard                      | Ages 9-13                   | Ages 5-6                      | Ages 9-13                    |
| All Ages- Adult MUST attend \$18 | \$30                        | \$30                          | \$30                         |
| 9-10:30 HIKING                   | 9-10:30 HIKING              | 9-10:30 HIKING                | 9-10:30 HIKING               |
| Ages 5-6   Bisceglie             | Ages 7-8   Valley Forge Rd. | Ages 9-11  Trout Bk. / DD     | Ages 12 & 13   Trout Bk./ DD |
| \$30                             | \$30                        | \$30                          | \$30                         |
| 10-11:30 DRONES                  | 10-10:45 Pre-K Multisport   | 10-11:00 Little Leapers Dance | 10-10:45 Pre-K Multisport    |
| Morehouse Park                   | Jarvis Yard                 | Jarvis Yard                   | Jarvis Yard                  |
| Ages 9-13                        | Ages 3-5                    | Ages 5-8                      | Ages 3-5                     |
| \$30                             | \$20                        | \$15                          | \$20                         |

## **In Person- Program Details**

### **Hiking:**

Joe, Lynn, Coach Austin and Coach Andrew will take participants on various hikes around Weston. Hikes at younger ages will take place at Bisceglie Scribner Park's fitness trail. Older hikers will take tours of Valley Forge, Devil's Den and Trout Brook Preserve. Participants will be dropped off at the entrance to the park for attendance. Masks are recommended, staff will be wearing masks- all participants should bring their own hand sanitizer, water and whatever gear necessary. \*These programs will follow social distancing protocols, there will be no restrooms while on the trails- please use before attending.  
\$30 per class

Max 8 participants

### **Fishing:**

Lynn and Coach Oliver welcome Westonites ages 9-13 to participate in a fun, outdoor fishing activity at Angler's Dock. All should bring their own fishing gear, hand sanitizer, water, bug spray and whatever else necessary. Masks are recommended- staff will be wearing masks. \*These programs will follow social distancing protocols, there will be no restrooms while fishing- please use before attending.

\$30 per class

Max 8 participants

### **Drone Flying:**

Lynn, Joe and Coach Oliver will host a drone flying activity outdoors at Weston's Sprawling Morehouse Farm Park. Participants must already know how to use their drones and bring their own. Parks and Recreation will supervise this outdoor activity. \*These programs will follow social distancing protocols, there will be no restrooms while at the park- please use before attending.

\$30 per class

Max 8 participants

**Bike Safety:**

Lynn Stevens and Coach Oliver will offer a bicycle safety class for kids ages 5-6. This fun program will help students gain the idea of how to ride a bike on the road safely. This is not a program for “how to ride a bike” but it will teach road safety, hand signals and safe practices.

\$30 per class

Max 8 participants

**Family Yoga:**

Kerin Whitmore will host a family yoga program. It will be appropriate for ALL ages, however 1 adult living in the same household MUST attend this class with children. Enjoy yoga in the outdoors, on the grass. It's the perfect way to spend the summer. \*These programs will follow social distancing protocols, groups will each have their own “area” for yoga in the yard. There will be no public restrooms while at Jarvis.

\$18 per class

**Toddler Multisport:**

Coach Sara Holland will teach several skills related to sport; running, jumping, hitting, catching and more. All activities will help various parts of a child’s development, gross motor, fine motor, hand eye coordination and more. This class will abide by local and CDC guidelines. Each child will have their own gear for that day, everything is sanitized after each class. Parents are welcome to stay.

\$20 per class

Max 6 participants per class

**Little Leapers:**

Ms. Jaquie will lead this class that includes creative play incorporating dance moves. This class will help to increase imagination, body and special awareness, physical fitness and musicality. The class will have a mixture of structured dance and improvisation. \$15 per class Max 12 participants per class.

**\*\*Look for MORE in person programs including 5th-8th grade Mountain Biking\*\***

**In Person Programs with Pascal & Trifitness**

| <b>June 29th- July 24th</b> |                            | <b>In Person Summer Programs</b> | <b>Running &amp; Biking with Pascal</b> |
|-----------------------------|----------------------------|----------------------------------|---|
|                             |                            |                                  |   |
| <b>MONDAY</b>               | <b>TUESDAY</b>             | <b>WEDNESDAY</b>                 | <b>THURSDAY</b>                         |
| <b>9-10:15 Running</b>      | <b>9-10:15 Biking</b>      | <b>9-10:15 Running</b>           | <b>9-10:15 Biking</b>                   |
| Ages 5-6                    | Ages 5-6                   | Ages 7-8                         | Ages 7-8                                |
| \$30                        | \$30                       | \$30                             | \$30                                    |
|                             |                            |                                  |   |
| <b>10:30-11:45 Biking</b>   | <b>10:30-11:45 Running</b> | <b>10:30-11:45 Biking</b>        | <b>10:30-11:45 Running</b>              |
| Ages 9-11                   | Ages 9-11                  | Ages 12 & 13                     | Ages 12 & 13                            |
| \$30                        | \$30                       | \$30                             | \$30                                    |
|                             |                            |                                  |   |

**Biking-**

Pascal and Trifitness coaches will lead different age groups through bike/road safety, bike skills and work to improve skills as they ride. Depending on age group, they will go further down School Road, compete in time trials and more. Social distancing will continue- participants should wear masks. Instructors will be wearing masks.

**\*\*Participants must bring their own bikes, helmets, water and hand sanitizer. There are no restrooms available, please be sure to use it before attending. Schools on school road will not be open for usage during these programs \*\***

**Running- Pascal and Trfitness coaches will lead Westonities through warm ups, dynamic stretching and work to improve endurance. Distance running, fun movement games and running activities will all be part of the program.**

**\*\*Participants must wear athletic shoes and attire, they must bring their own water and hand sanitizer, social distancing protocols will be enacted and all are asked to wear a mask. Instructors will be wearing masks.**

## **Virtual Programs:**

**Registration link: [register.westonct.gov](https://register.westonct.gov) - Registration at 12:01 A.M. Monday, June 8**

### **Pre- K:**

#### **Mini Meet Ups with Ms. Ingrid:**

Monday, Tuesday, Wednesday

June 29, 30. July 1, 6,7,8,13,14,15,20,21,22

9:30am to 9:50

11:00am to 11:20- each 20 minute time slot is one offering ( or Meet-Up )

\*5 spots per time slot

Ages 3-5

\$12/class

Classes hosted on Zoom and may include:

short story

nursery rhymes

children songs

letter(s) of the alphabet

numbers

shapes

Colors

nature

**\*\*\*For Virtual Programs for ALL AGES- see the attached Sky Hawks Flyer - Coming Soon**